

● WEEK 1: 1 Sept, 21 Sept, 12 Oct, 2 Nov, 23 Nov, 14 Dec, 4 Jan, 25 Jan, 22 Feb, 15 Mar ● WEEK 2: 7 Sept, 28 Sept, 19 Oct, 9 Nov, 30 Nov, 11 Jan, 1 Feb, 1 Mar, 22 Mar ● WEEK 3: 14 Sept, 5 Oct, 16 Nov, 7 Dec, 18 Jan, 8 Feb, 8 Mar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Pork Sausages & Gravy	Mexican Bean Burrito (v)	Roast Chicken with Stuffing & Gravy	Chicken Pie & Gravy	Fish Fillet Fingers
MAIN MEAL 2	Sweet Potato & Chickpea Curry (Ve)	Mac 'n' Cheese (v)	Roast Quorn Fillet with Stuffing & Gravy (Ve)	Breaded Bean & Vegetable Grill (Ve)	Margherita Pizza (v)
SIDE DISH	Mashed Potatoes or Brown & White Rice	Diced Potatoes or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Mashed Potatoes or Pasta	Chips or Tricolour Pasta
PASTA	Pesto Pasta (v)	Herby Tomato Pasta & Cheese (v)	Cheesy Pasta (v)	Herby Tomato Pasta & Cheese (v)	Pesto Pasta (v)
JACKET POTATO VARIOUS	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v)	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo
COLD OPTION VARIOUS	Salmon Mayo Baguette, Cheese Baguette (v), Egg Mayo Baguette (v)	Cheese Baguette (v), Egg Mayo Baguette (v)	Cheese Baguette (v), Ham Baguette, Chicken Mayo Baguette, Egg Mayo Baguette (v), Tuna Mayo Baguette	Cheese Baguette (v), Ham Baguette, Chicken Mayo Baguette, Egg Mayo Baguette, Tuna Mayo Baguette	Cheese Baguette (v), Tuna Mayo Baguette, Egg Mayo Baguette
DESSERT	Oat & Raisin Cookie (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Apple Crumble & Custard (v)	Chocolate Brick Wall (Ve)

MAIN MEAL 1	Chicken & Sweetcorn Meatballs with Sweet & Tangy Sauce	Chicken Curry	Roast Beef with Yorkshire Pudding & Gravy	Quorn Burger (v)	Battered Fish
MAIN MEAL 2	Sunshine Eggs with Baked Beans (v)	Cheese Pinwheel (v)	Quorn Pieces with Yorkshire Pudding & Gravy (v)	Veggie Bolognese (Ve)	Margherita Pizza (v)
SIDE DISH	Brown & White Rice or Potato Wedges	Brown & White Rice or Diced Potatoes	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Spaghetti	Potato Wedges or Tricolour Pasta
PASTA	Pesto Pasta (v)	Herby Tomato Pasta & Cheese	Cheesy Pasta (v)	Cheesy Pasta (v)	Pesto Pasta (v)
JACKET POTATO VARIOUS	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v)	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo
COLD OPTION VARIOUS	Cheese Baguette (v) Egg Mayo Baguette (v) Tuna Mayo Baguette	Cheese Baguette (v) Ham Baguette Chicken Mayo Baguette Egg Mayo Baguette (v) Tuna Mayo Baguette	Cheese Baguette (v) Ham Baguette Chicken Mayo Baguette Egg Mayo Baguette (v) Tuna Mayo Baguette	Cheese Baguette (v) Egg Mayo Baguette (v)	Cheese Baguette (v) Egg Mayo Baguette (v) Tuna Mayo Baguette
DESSERT	Shortbread (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Pear & Chocolate Sponge & Chocolate Custard	Jammy Cookie (Ve)

MAIN MEAL 1	Beef Bolognese	Quorn Hotdog (v)	Roast Chicken with Stuffing & Gravy	Beef Burger	Fish Fillet Fingers
MAIN MEAL 2	Vegan Quorn Sausage & Gravy (Ve)	Roasted Veg Lasagne (v)	Beany Pasta Bake (Ve)	Baked Bean Slice (Ve)	Margherita Pizza (v)
SIDE DISH	Spaghetti or Potato Wedges	Diced Potatoes or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Pasta	Chips or Tricolour Pasta
PASTA	Pesto Pasta (v)	Herby Tomato Pasta & Cheese (v)	Cheesy Pasta (v)	Herby Tomato Pasta & Cheese (v)	Pesto Pasta (v)
JACKET POTATO VARIOUS	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v)	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo	Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo
COLD OPTION VARIOUS	Cheese Baguette (v) Egg Mayo Baguette (v) Tuna Mayo Baguette	Cheese Baguette (v) Egg Mayo Baguette (v)	Cheese Baguette (v) Ham Baguette Chicken Mayo Baguette Egg Mayo Baguette (v) Tuna Mayo Baguette	Cheese Baguette (v) Ham Baguette Chicken Mayo Baguette Egg Mayo Baguette (v) Tuna Mayo Baguette	Cheese Baguette (v) Egg Mayo Baguette (v) Tuna Mayo Baguette
DESSERT	Fresh Fruit Wedges (Ve)	Carrot Cake (v)	Fresh Fruit Jelly (Ve)	Apple Charlotte Pudding & Custard (v)	Chocolate Raisin Cookie (Ve)

HCL_Winter26_Hero_Pasta_JacketVarious_ColdVarious



A variety of fruit, vegetables and salads are served daily.

V = Vegetarian Ve = Vegan