

# Home Olympics

Today you are going to create and take part in your own Home Olympics activity. It could be an activity just for you or an activity for two people or for the whole family.

It's up to you what you decide to do. You could go for **Track and Field**, an **Aiming** activity, a **Team** sport, an **Adventure** activity or an **Artistic** event.



Obviously you don't have lots of sporting equipment at home

**(WARNING taking the expensive golf clubs out of the garage is NOT a good idea)**

so you will need to look around the house for items you can use to create your home Olympics events. Be creative.



Think carefully about how you record scores.

Think carefully about making your activity inclusive to all.

Think carefully about the equipment you need.

Think carefully about keeping it a HOME sport.



**MAKE NOTES AS YOU GO ALONG** – it will make your writing task tomorrow morning so much easier!

(It's not instructions tomorrow).



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**Don't forget to think 'elf and safety when you are creating your Home Olympics activity– Nana throwing is banned!**