

Knowing Every Child – Inspiring Every Mind – Achieving Every Day

Friday 26th March 2021

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES



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Supporting Well-Being

Message from the Headteacher

Some parents and carers may have heard me on Radio Solent yesterday morning with Alun Newman, talking alongside two of our ex-pupils, Holly Richardson and Izzy Robinson, who are both now in Year 7 at TPS. Much of the interview touched on the well-being of the children and I mentioned the broader importance of families. I believe that children are very resilient and that many will bounce out of the other side of what we're all experiencing. Having said that, we all need to keep a close eye on their well-being. Here is the interview on BBC iPlayer (play from 1 hour and 38 mins): <https://www.bbc.co.uk/sounds/play/p09943fd>

Governors and staff have been talking at length about how to help and support our children. More news on that will follow in the next month and beyond, but in the meantime, why not look at the NHS link I have provided below? It sets out FIVE aspects to improving well-being and, although some of these strands are tricky due to the COVID restrictions, none of them are impossible to work on.

- **Connect with other people**
- **Be physically active**
- **Learn new skills**
- **Give to others** (news of your generosity is on page 2)
- **Pay attention to the present moment (Mindfulness)**



Here is the link: <https://www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/>

In the meantime, if you would like to contact me, you can email me as always on: headteacher@hernejunior.com

Stay Safe. Best Wishes & Good luck! Tony Markham (Headteacher).

Last Day of Term – Thursday 1st April

On Thursday we will have our usual half-day for the end of term. All classes will have a collection window of 12 to 12.30pm. Between these times, parents and carers can collect their child from the classroom external door. Staff will be deployed outside to help at this time.

If you would like your child to **walk home or walk to a safe meeting place**, we will release your child in the windows shown below, unless you contact us to request a different time by emailing: admin@hernejunior.com

Upper School: **Year 6: 12.10**

Year 5: 12.15

Lower School: **Year 4: 12.20**

Year 3: 12.25

Older siblings, leaving in their allocated walking slot can collect younger siblings earlier than the younger siblings designated walking slot (they just need to walk round and collect them from their external class door).

Keeping Safe: If any children go to find a parent or carer and cannot find you, please emphasise to them that they must **return to the school office** where we can contact you over the phone to check if you've been delayed. At all times we will keep your child safe within the school building if they are on the school premises.

Art lesson (Spring Flowers) and Competition



https://youtu.be/Mm_LKSJgFk4

Mrs Ostensen has created another one of her popular stop-motion animation art lessons to keep the children busy on the run up to Easter. She is also desperate for a lovely pupil of Herne to name the two frogs in her films. The frog that comes in from the right has pink lips and is possibly a girl; the other is possibly a boy. To make your name suggestions, please email to Mrs Ostensen vickiostensen@gmail.com.

The winning frog names will win one of the Treefrog Art popular art bags.

Doodle Maths – Supporting Your Child

Between the 1st of April and the 30th April, Doodle will be running two **Spring Challenges** — the DoodleMaths Challenge and the DoodleEnglish Challenge! The Challenge encourages children to use Doodle for a few minutes each day, helping them to rebuild their confidence and get back on track in their learning. Best of all, those who take part can earn a free pin badge and certificate! From the 1st of April, please visit parents.doodlemaths.com and press **REGISTER** next to your child's name. Then, encourage your child to earn 450 stars (or 350 stars if they were born on or after 01/09/13) and achieve a 7-day streak in DoodleMaths and/or DoodleEnglish. Once they've reached their target, you'll be able to claim their reward by logging in to the Dashboard and pressing "Claim Reward".



Class Photographs

The proofs for ordering the Class Photos and Year 6 Leavers Photos have been distributed to the children this week. **Please note that the closing date for orders is Tuesday 20th April.** Orders can be placed online or with the proof via the school office.

Changes to Lockdown - What's going to happen on Monday 29th March?

People will be allowed to meet outside, either with one other household or within the "rule of six", including in private gardens. The stay at home rule will end, but the government will urge people to stay local as much as possible. Outdoor sport facilities will reopen, including golf courses and tennis and basketball courts, and formally organised outdoor sports can restart. Weddings can take place, attended by up to six people

Stage two (no earlier than 12th April):

All shops allowed to open, along with close-contact services, including hairdressers and beauty salons (including in people's homes). Restaurants and pubs allowed to serve food and alcohol to customers sitting outdoors. Gyms and spas can reopen, as can zoos, theme parks, libraries and community centres. Members of the same household can take a holiday in the UK in self-contained accommodation. Weddings attended by up to 15 people can take place



Our Special Herne COVID-19 Phone Line for Weekends & Holidays



You can call, text or leave a voice message on this line throughout weekends and holidays and it will be checked every day. **The number is: 07471 808285.** If you become aware of a case during the normal school week, just call the school as normal on our landline number: 01730 263746.

If you receive a COVID-19 test result during the weekend, please contact us and provide these details:

Your child's name and class / year group - The first day that your child displayed symptoms -
- The most convenient way for us to contact you -

37 staff vaccinations so far out of 76 staff – half of the staff

ADVANCE NOTICE: New shorter Drop off and Collection Windows will apply **from the Summer Term.**
Drop-off from 8.20 through to 8.40. Collection from 3.20 until 3.45.

COMMUNITY MESSAGES

Children in Need/Red Nose day donations – between us all, we raised a huge £689.04



Lost Coat – One of our children has lost her coat at school, it is a black padded 'North Face' ¾ length coat with a grey fur trim on the hood and the name 'Freya B' inside. If your child has accidentally brought this home please can you bring it in to reception? Thank you.

Petersfield - Free School Uniform Shop

Free Shop at Petersfield Railway Station will be open on Monday 29th March from 10.00 to 12.00 for anyone who needs school uniform. We have several racks with items for TPS, Herne, Petersfield Infants as well as shirts, skirts & trousers. If anyone has any uniform to donate please drop it off at the Hub during any of our opening times this week. Thank you!

People are welcome to pop in any other times we are open to pick up uniform and free produce that they can make use of.

SERV WESSEX – The Blood Runners

Many people in our community may have benefitted from this FREE volunteer service, which saves the NHS hundreds of thousands of pounds every year. The group, who mainly operate on their own motorcycles or use one of the small fleet of vehicles, run around between hospitals at the weekends and throughout the night, 365 days a year. They also ensure that the air ambulance is able to carry vital supplies of blood and saline by running between Southampton General Hospital and Thruxton (where the air ambulance is based) every other day. In the warmer weather, this is a daily service. If you would like to find out more to volunteer pop into Herne Junior school or see this website:

<https://servwessex.org.uk/>

To donate: <https://cafdonate.cafonline.org/13247#!/DonationDetails>

