

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- perform dances using a range of movement patterns
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Explore, improvise and combine movement ideas
- Share and create movements collaboratively
- Demonstrate control and coordination
- Suggest improvements to dance sequences through self and peer assessment.
- Repeat, rehearse and perform movements in a dance.
- Evaluate performance

PE



Dance

Year 3

Unit Outcome

To create a class dance that tells a story of the stages of the Stone Age.

Curriculum Progression

Children listen and respond to music stimuli to create movement patterns that represent *A Journey through the Ages- The Stone Age*.

Children are given the opportunity to be creative, perform individually, in groups and as a whole class. All children are given the chance to choreograph movement patterns and to self and peer evaluate, whilst developing their key vocabulary.

Vocabulary

Jump	Duet
Turn	Improvisation
Travel	Dynamics
Stillness	Rotation
Gesture	Choreograph
Flexibility	Combine
Improvisation	Evaluate

Resources

- flipchart
- Various music clips (on flipchart / in music folder)
- Evaluation sheet
- iPad