

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- perform dances using a range of movement patterns
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Explore, improvise and combine movement ideas
- Share and create movements collaboratively
- Demonstrate control and coordination
- Suggest improvements to dance sequences through self and peer assessment.
- Repeat, rehearse and perform movements in a dance.
- Evaluate performance

PE



Dance

Year 4

Unit Outcome

To create a class dance that depicts an imaginary world.

Curriculum Progression

Children develop key dance terminology when creating movement patterns to a piece of music. Children will focus on identifying and using the beat when choreographing their dances. They will be taught a set movement pattern to copy and then develop the rest of their dance as groups. These dances will link to *Imaginary Worlds*, using their creativity, performing as a class and within groups.

All children will be given the opportunity to self and peer evaluate performances, whilst developing their key vocabulary.

Vocabulary

Jump	Rhythm
Turn	Improvisation
Travel	Dynamics
Beat	Rotation
Gesture	Choreograph
Flexibility	Combine
Improvisation	Evaluate

Resources

- flipchart
- Various music clips (on flipchart)
- Evaluation sheet
- iPad