

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Develop participants ability to dribble the basketball (cross over / low and speed dribble)
- Develop players ability to travel at speed whilst in control of the basketball
- Introduce defensive dribbling skills
- Introduce sending and receiving skills to a partner / team mate
- Develop and learn the correct shooting technique
- Practice defensive dribbling in match situation
- Develop efficient use of communication skills as a team

PE



Invasion - Basketball

Year 4

Unit Outcome

Children will learn different dribbling, shooting and passing techniques. They will know the basic basketball skills and rules, applying it into a match, using clear and effective communication.

Curriculum Progression

The children will be taught to:

- Use the correct dribbling techniques to maintain control of the ball.
- Use efficient passing techniques to move the ball with speed and accuracy.
- Use the correct shooting technique.
- Use the correct skills and communication to participate in a match.
- To be able to communicate effectively with their teammates.

All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

Vocabulary

| | |
|---------------|---------------|
| Dribbling | Low dribble |
| Passing | Crossover |
| Shooting | dribble |
| Defending | Speed dribble |
| Attacking | Double |
| Block | dribble |
| Bounce pass | Travelling |
| Chest pass | Contact |
| Shoulder pass | |

Resources

Basketballs
Cones
Basketball
hoops
Bibs