

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Series of Lessons

- Throw and catch in a game situation.
- Perform a variety of bowling techniques.
- Hit a ball in different directions.
- Field a ball and throw accurately to another player.
- Be able to demonstrate and teach a peer all of the above skills and techniques.
- Develop game situation understanding (rules).
- Develop efficient use of communication with their team.
- Play a competitive match.

PE



Strike and Field (Rounders)

Year 5

Unit Outcome

Children will learn different fielding, bowling and batting techniques. They will know the basics of rounders and how to play a match.

Demonstrate their understanding through the 'teach, coach, do strategy'.

Curriculum Progression

The children will be taught to:

- Throw the ball sympathetically to others and make good decisions in a game situation (attempting to catch others out).
- Perform 'donky drop' and an underarm bowl with control.
- Bat a ball with confidence and begin to hit it in different directions.
- Field the ball using the run and scoop technique.
- A variety of batting and fielding skills.
- Work as part of a team, encouraging and helping others.

All children have the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

Vocabulary

Strike	Run out
Field	Stumped
Under arm	Scoop
Over arm	
Spatial awareness	
Batter	
Bowler	
Fielder	
Innings	

Resources

Rounders bats
Tennis balls
Rounders balls
Cones
Rounders posts
Hoops