

## National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

## Series of Lessons

- Develop and understand how to control a ball with a hockey stick
- Develop dribbling techniques (Indian / English dribble)
- Develop tackling techniques (Jab / block tackle)
- Develop passing techniques (Push / drive pass)
- Develop shooting techniques (Slap / wrist shot)
- Develop game knowledge and understanding
- Apply knowledge and techniques into a hockey match
- Develop efficient use of communication with their team
- Using all the above skills learnt to create their own game, leading and officiating it.

PE



Hockey

Year 6

## Curriculum Progression

The children will be taught to:

- Use the hockey stick with control and the correct grip.
- To understand when to use the correct dribbling technique.
- Use the correct tackling technique safely.
- Use the correct passing and shooting technique.
- To be able demonstrate and teach with confidence.
- Understand the logistics of creating their own game.
- Understand how to officiate fairly.

All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

## Unit Outcome

To improve children general skill set of mastering the hockey ball, including ball manipulation, turning, travelling with the ball, receiving / control and passing techniques individually and others.

Then demonstrate their understanding through the *teach, coach, do* strategy.

Be able to create their own games.

Have a greater understanding of the sport and rules to officiate their own games.

## Vocabulary

Hockey stick  
Hockey ball  
Slap shot  
Wrist shot  
Push Pass  
Drive pass  
Jab tackle  
Block tackle

## Resources

Hockey sticks  
Hockey balls  
Cones