

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Develop participants ability to dribble the basketball (cross over / low and speed dribble)
- Develop players ability to travel at speed whilst in control of the basketball
- Introduce defensive dribbling skills
- Introduce sending and receiving skills to a partner / team mate
- Develop and learn the correct shooting technique
- To be able to demonstrate and teach a peer all of the above skills and techniques.
- Practice defensive dribbling in match situation

PE



Basketball

Year 5

Curriculum Progression

The children will be taught to:

- Use the correct dribbling techniques to maintain control of the ball.
- Use efficient passing techniques to move the ball with speed and accuracy.
- Use the correct shooting technique.
- Use the correct skills and communication to participate in a match.
- To be able demonstrate and teach with confidence.

All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

Unit Outcome

Children will learn different dribbling, shooting and passing techniques. They will know the basic basketball skills and rules, applying it into a match.

Then demonstrate their understanding through the *teach, coach, do* strategy.

Vocabulary

Dribbling	Low dribble
Passing	Crossover
Shooting	dribble
Defending	Speed dribble
Attacking	Double
Block	dribble
Bounce pass	Travelling
Chest pass	Contact
Shoulder pass	

Resources

Basketballs
Cones
Basketball
hoops
Bibs