National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Develop sending and receiving skills (pop / spin pass)
- Build confidence in controlling the ball
- Develop evasion and tagging skills
- Develop team cohesion (attacking / defensive line)
- Increase communication between players
- Develop efficient use of communication with their team
- Develop and understand how to participate in a tag rugby game
- Using all the above skills learnt to create their own game, leading and officiating it.

Curriculum Progression

The children will be taught to:

- Hold the ball correctly (W-hold).
- Understand how run with the ball correctly with speed and control.
- Understand when to use the correct passing techniques.
- Understand how to tag safely and successfully.
- To be able to apply all of the above skills in a game situation.
- To be able demonstrate and teach with confidence.
- Understand the logistics of creating their own game.
- Understand how to officiate fairly.

All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

