National Statutory Requirements

(DFE Statutory Guidance on Health Education and Relationship Education)

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.
- practical steps they can take in a range of different contexts to improve or support respectful relationships.
- the conventions of courtesy and manners.
- the importance of self-respect and how this links to their own happiness.
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.
- what a stereotype is, and how stereotypes can be unfair, negative or destructive.
- that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.
- the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.

Series of Lessons

- Develop our understanding of respect.
- Value and respect diversity.
- Explore respect and empathy.
- Understand why some people have to leave their homes.
- Understand what stereotypes are and how our personal behaviour can affect others.
- Understand what discrimination and racism are and their negative impacts.
- Identify bullying and its negative impacts.

PSHE

Respect and Bullying – Year 5

Unit Outcome

In this unit of work, pupils learn:
- about mutual respect, being polite and how personal behaviour can affect others
- how to listen and respond respectfully to people with a range of beliefs, traditions and lifestyles
- how to behave respectfully online
- about stereotypes and how they influence behaviour
- about the impact of bullying and hurtful behaviour, including online
- strategies for responding to bullying and hurtful behaviour witnessed or experienced
- how to challenge discrimination, seek help and report concerns

Progression of Skills
(PSHE ASSOCIATION PROGRAMME OF STUDY 2020)

Year 5 Unit 'Respect and Bullying' Objectives

- H42. about the importance of keeping personal information private; strategies for keeping safe online, including how to manage requests for personal information or images of themselves and others; what to do if frightened or worried by something seen or read online and how to report concerns, inappropriate content and contact
- R19. about the impact of bullying, including offline and online, and the consequences of hurtful behaviour
- R20. strategies to respond to hurtful behaviour experienced or witnessed, offline and online (including teasing, name-calling, bullying, trolling, harassment or the deliberate excluding of others); how to report concerns and get support
- R21. about discrimination: what it means and how to challenge it
- R29. where to get advice and report concerns if worried about their own or someone else's personal safety (including online)
- R30. that personal behaviour can affect other people; to recognise and model respectful behaviour online
- R31. to recognise the importance of self-respect and how this can affect their thoughts and feelings about themselves; that everyone, including them, should expect to be treated politely and with respect by others (including when online and/or anonymous) in school and in wider society; strategies to improve or support courteous, respectful relationships
- R32. about respecting the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background
- R33. to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own
- R34. how to discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with
- L8. about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities
- L9. about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes
- L10. about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced

R&R and Herne Harmony Values
Article 2, Article 10, Article 14, Article 21
Respect & Collaboration

Vocabulary
Mutual Respect,
Bullying
Resolution, Conflict
Stereotypes,
Discrimination
Prejudice, Refugee
Migrant, Racism

Resources
Letter from 'RESPECT'
Flipcharts
Worksheets on system, Baseline Assessments, Resources on system.