

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- perform dances using a range of movement patterns
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Responding to stimuli (images and music).
- Work collaboratively to develop dance material.
- Levels of speed and movement.
- Adapt and refine techniques.
- Rehearse and Refine.
- Rehearse, perform and evaluate.

PE



Dance

Year 5

Unit Outcome

A collaborative class dance inspired by the eruption of Mount Vesuvius.

Curriculum Progression

Children develop simple motifs and movement patterns to structure their own dance phrases - on own, with partner and small groups. They will perform dance to an audience showing confidence and clarity of actions. They will show co-ordination, control, alignment, flow of energy and strength. They will develop focus, projection, a sense of style and musicality. Children will develop their use of space using different levels, directions, pathways, size and body shape. Dance activities will link to the theme of *Living with the Power of Mather Nature.*

All children will be given the opportunity to self and peer evaluate performances, whilst developing their key vocabulary.

Vocabulary

gesture	speed
jump	pace
turn	body shape
travel	musicality
height	level
direction	evaluate
sequence	perform
transitions	
mirror	
canon	

Resources

Flipchart
Music
Scarves